The newsletter includes information like important academic deadlines as well as relevant postings on how you can explore, engage, experience and excel as a University and College of Health Sciences’ student.

**Important Dates to Keep in Mind:**

Check out our [Google calendar](#) on the Undergraduate Student Services website that includes up-to-date information about important academic deadlines, college events, walk-in hours, and office closures.

**Friday, October 12:** Deadline for mid-term grades to be posted to UDSIS

**Tuesday, October 23:** Registration Change Deadline – last day to withdraw from classes, or change grading status (to pass/fail or audit)

**Monday, October 29:** Winter 2019 registration begins

**ACADEMICS ([definition:](https://example.com) *the scholarly activities of a school or university):**

- **Fall 2018 Academic Success Workshops, Center for Academic Success; corner of South College & Amstel, 3:30-4:30 PM**
  The Office of Academic Enrichment offers an in-person workshop series in collaboration with University Studies, which is offered in the fall and spring semesters on the following topics. Learn about the strategies that lead to success in free workshops; no pre-registration necessary. Click here for [workshop schedule](#).
  - Time Management: Tools for making your workload manageable, rather than letting it overwhelm you.
  - Note-Taking: Strategies for recording class information in ways that prepare you for success on exams.
  - Reading Strategies: Making the most of your textbook reading.
  - Test-Taking: Maximizing your success on exams.
  - Preparing for Finals: Managing time and focusing study strategies for success.
  - Academic Planning for “Major” Decisions: Strategies for choosing and declaring a major.
  - Academic Management: Understanding UD’s policies and how they impact your grades (facilitated by University Studies Advisors).
  - Navigating the UD Curriculum: Helpful information on the registration process (navigating the online catalog, using other resources; facilitated by University Studies Advisors).

**EXPLORE & ENGAGE ([definition:](https://example.com) *to look into closely; scrutinize; examine; to occupy oneself; become involved):**

- **Careers in Behavioral Health and Nutrition Meetup, Thursday, October 4, 6:00-7:30 PM, Perkins Student Center West Lounge**
  What can you do with an education in health behavior or nutrition? There are many careers in the industry and this event is intended to help you discover the right pathway for you! Speak to employers and alumni about their careers, the various career pathways in the behavioral health and nutrition industries and about potential internship experiences. Bring plenty copies of your resume. Suggested dress code is business casual. Light refreshments will be served.

- **Fall Major Fest Workshop: Career Exploration, Thursday, October 11, 3:00-5:00 PM, Career Services Center Workshop Room, 401 Academy Street**
  Come learn about career options for UD majors, understand how to pick your Career Community, and how to design the best career pathway that will work for you.
✓ **Budgets & Brownies, Tuesday, October 16, 7:00-8:30 PM, Memorial Hall Room 127**
Learn how to create a financial plan and stick with it, while enjoying some budget-friendly (free) snacks. All attendees will receive a gift card to Newark Deli and Bagel.

✓ **2019 Plastino Scholars Informational Sessions, Monday, October 15 and Wednesday, October 31, 7:00-8:30 PM, Gore Hall Room 204**
Find out more about how you can fund an extraordinary study and travel experience. The David A. Plastino Program awards student grants to selected undergraduate students who exhibit extraordinary talent, promise and imagination. [Click here](#) for more information.

SERVICES (definition: an act of assistance):

✓ **Academic Recharge, Tuesday, October 2, 2:00-3:30 PM, Morris Library Reference Room**
Stop by this information fair to discover how campus support services can help students power through this semester. Representatives from the following academic support services will be on-hand for discussion and quick tips for success:
- UD Library, Museum and Press
- Office of Academic Enrichment
- Mathematical Science Learning Laboratory
- Writing Center/Oral Communications Consultants
- Disability support Services
- Counseling Center
- Career Services Center
- Agcelerate
- Horn Program in Entrepreneurship
- NUCLEUS

✓ **Midterm Study Break: Comfort Food and Puppies with your Dan of Students, Thursday, October 4, 11:00 AM-12:30 PM, Perkins Student Center, Concourse**
Did you know there is an office that exists to answer your questions, and advocate on your behalf when you are experiencing challenges that impact your ability to success at UD? Take a break from studying for midterms and come meet your Office of the Dean of Students over some delicious comfort food, and enjoy some time with service puppies too!

✓ **UD Passport Day, Thursday, October 11, 11:00 AM-4:00 PM, Jastak-Burgess Hall**
Are you planning to study abroad at UD or dreaming up your next travel plans? Make sure you apply for or renew your U.S. passport. Avoid long lines at your local post office and join the Institute for Global Studies to apply on the spot! A representative from the U.S. Post Office will be on hand. Bring the appropriate materials, detailed on the [IGS website](#), with you. All UD students, faculty, staff and members of the public are welcome.

✓ **Morris Library Hours (October 2018)**

✓ **Morris Library Workshops** ([click here](#))

---

**UD Helpline – 302.831.1001**
Offered through the University of Delaware’s Division of Student Life, this number will provide live counseling assistance over the phone. Mental health professionals are available at this number 24 hours per day, seven days per week, 365 days per year. Students are encouraged to call for help when in distress, feeling overwhelmed, or needing the assistance of a mental health professional.
CONNECT:
Get social with @UDCHS! Follow the College of Health Sciences on Instagram, Twitter, and Facebook.

University of Delaware
College of Health Sciences
Dean’s Office - Undergraduate Student Services
The Tower at STAR
100 Discovery Boulevard, 7th Floor
302.831.8073 (office); 302.831.3490 (fax)
chs-advise@udel.edu (email);
http://www.chs.udel.edu/undergraduate-student-services/ (website)
Office Hours: Mondays, Tuesdays, Thursdays, and Fridays 8:00 AM-5:00 PM
Walk-in Hours (no appointment needed): Wednesdays, 1:00-4:00 PM
McDowell Hall Room 345